



**Pediatric Associates of Hampden County**  
Boston Children's  
Primary Care Alliance



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Dear PAHC Patients and families,

I am writing to share that I will be leaving my position at Pediatric Associates of Hampden County effective June 30, 2026. This was not an easy decision, but I will be transitioning to a practice closer to my home in order to better support my own family's needs.

Caring for your children and watching them grow has been one of the most meaningful and rewarding parts of my work. I am sincerely grateful for the trust you have placed in me, and it has been a privilege getting to know you and your families.

I have learned so much during my time here and have had the opportunity to work alongside an incredible team of providers and staff. Pediatric Associates of Hampden County will continue to provide care for your children, and you will remain in excellent hands. There are many wonderful clinicians in the practice who will be happy to support your child's ongoing health and development. The office staff will gladly assist you with scheduling future appointments or transitioning your child's care to another provider within the practice.

If you have any questions about your child's care or need assistance with medical records, please contact the office at (413) 562-5256.

Thank you again for allowing me to be part of your care. I wish you and your loved ones continued health and well-being.

Warmly,

Cara Stauder, CPNP